

Theme of the newsletter :

## World Health Day

World Health Day, observed on 7<sup>th</sup> April across the globe with the theme Health for All - Everyone, Everywhere, with a focus on staying healthy. KHPT team celebrated the day echoing the slogan "Health for all" and reiterated its pledge to provide quality health services to the community.

## PROJECT UPDATES



**Theme: Adolescent Health and Education**

**Project: Sphoorthi**

### Testimony of leadership

Sphoorthi girls efficiently mobilised resources for several events such as the women's day celebration, felicitation ceremony for girls who passed out of Std 10 and other village level programmes. They were able to generate significant amount of donations during the one-rupee campaign from the community members and local officials, a testimony of their capacity to sustain program initiatives.

### Felicitation ceremony

Girls organized the felicitation ceremony for girls and boys who passed Std 10 and for the students appearing for SSLC in 2020. The event was attended by 200 people from Kamnur village which clearly indicated that the community values education and they have progressed to believe in equality for both boys and girls.



### Girls keen on learning technology

Computer classes were organised for all the girls who were willing to learn computer skills and have at least completed 10<sup>th</sup> Std. A total of 386 girls attended the basic computer



course organised by Sphoorthi to build their knowledge of Kannada typing, paint, MS word, MS PowerPoint, WordPad and internet. Girls were also given certificates upon the successful completion of the course.

### Academic assistance for 2020 batch

The Sphoorthi team organised tuitions for girls who will be appearing for 10<sup>th</sup> std exam. The girls shared that the classes helped them understand the concepts better and thereby,



increase their self-confidence. In the year 2019, around 441 girls who passed 9<sup>th</sup> went for two months coaching in English, Maths and Science with the motivation to do well in Std 10.

"Tell me and I forget, teach me and I may remember, involve me and I learn."- Benjamin Franklin



**Theme: Maternal, Neonatal and Child Health**

**Project: Kangaroo Mother Care**

### State-level dissemination workshop

A state-level dissemination workshop on Kangaroo Mother Care, in collaboration with the Govt of Karnataka and St John's National Academy of Health Sciences was organised in April. Key stakeholders from Health department, St John, beneficiaries, hospital nurses, KHPT team shared their experiences of this life-saving intervention. Dr Prem Mony, Vice Dean, St John shared, "What we have learnt in Koppal can be passed on to all other districts in the country." Rekha, a KMC Nurse mentioned "I have seen babies gaining weight, going from 850g to 2500g. I have seen mothers give KMC for more than 15 hours a day."



The workshop was attended by the key state health officials including Sri Pankaj Kumar Pandey, IAS, Health Commissioner, Government of Karnataka (GoK); Sri D S Ramesh, IAS, Mission Director, National Health Mission, GoK; Dr T Prabhakar, Director of Health and Family Welfare, GoK and Dr Om Prakash Patil, Additional Director, NHM and Director, SIHFW, GoK.



**Theme: Tuberculosis**

**Project: Tuberculosis Health Action Learning Initiative & Joint Effort for Elimination of Tuberculosis**

### Central TB Division to partner with KHPT on communication products

Dr K S Sachdeva, Deputy Director General of the Central TB Division (CTD), wrote to USAID in June requesting the formalization of an agreement with KHPT under the THALI project to support the CTD in the development of communication materials for the National TB program. He mentioned that KHPT's range of communication products were good examples of materials that could be scaled up and adopted by the CTD at a national level. KHPT will support the CTD in developing outdoor communications materials, as well as audiovisual materials, moving forward.

### KHPT presents documentation practices at RNTCP national workshop

KHPT was invited by the CTD to present its best practices on effective documentation at the National Capacity Building Workshop on ACSM for RNTCP communications staff across the country held in Bengaluru from June 6-8. In an interactive two-hour session, Ms. Mallika Tharakan, Deputy Director, Communications and Community Interventions, discussed the importance of understanding the audience, formulating the right message and disseminating it in different forms such as case studies and blogs.

### KHPT facilitates study tour of Nigerian TB experts

KHPT hosted a delegation of senior TB experts from the Nigerian Ministry of Health, USAID Nigeria and from the country's NGOs on a study tour to learn about India's TB control efforts, including engagement with the private sector and the community, in order to shape efforts in Nigeria. During the two-day visit from June 14-15, the team interacted with state TB officials, healthcare facility staff, community leaders, JEET staff and THALI Community Health Workers to understand each stakeholder's contributions to TB control, at local and state level.



## Implementation of Integrated Digital Adherence Technology pilot in Karnataka

KHPT is supporting a multi-state initiative of the Central TB Division to improve treatment adherence through technological innovations chosen by patients according to their convenience



and contexts. THALI is an implementation partner for the initiative in Belgaum, Bijapur, Bagalkot, Bangalore Urban and Tumkur districts of Karnataka. Members of the team attended trainings in Surat and Mewat before facilitating trainings for RNTCP staff, pharmacists and JEET staff, conducted by Everwell and PATH. The THALI communications team produced a 5-minute video for participants on the four technologies - 99DOTS, the Easy Cure box, Video Observed Therapy (VOT) and Operation ASHA- which modelled the treatment supporter's interactions with the patient, enabling her to choose the right technology by providing her the correct information.

## USAID visits community structures in Bengaluru and Mangalore

Mr. Xerses Sidhwa, Director, Health Office, USAID India, engaged with community structures and patient support groups on a visit to Bengaluru Urban and Mangalore districts on June 13-14. Mr. Sidhwa interacted with women's Self-Help Groups, patient support groups at health facilities, and even interacted with patients using technology solutions to help them adhere to treatment. He expressed appreciation for THALI's efforts at involving the community in TB control, and recommended a focus on stigma at family level.

### Theme: Non-Communicable Diseases

*Project: Strengthening Continuum of Care of NCDs through an integrated urban health systems model in Mysore, Karnataka*

## USAID visits NCD intervention area

Mr Xerses Sidhwa, Director of Health Office USAID India, Dr. Reuben Swamickan, Division Chief, Tuberculosis & Infectious Diseases, USAID India visited Kumbarakoppalu urban PHC, Mysuru to



understand the NCD pilot intervention and understand the nuances of such interventions in an urban setting and explore integrating care & support services for TB and diabetes.

He suggested that the team consider initiating TB screening among diabetics and establish linkages between service providers for diabetes and TB especially in a primary care setting.



### Theme: Nutrition

*Project: Promoting and Strengthening Edible Oil and Milk Fortification in India*

## Consultation meeting

A state level round table consultation meeting was called by Dr Ratan U Kelkar IAS, Commissioner of Food Safety, Govt. of Kerala on 20th April, 2019 at Mascot Hotel, Trivandrum



to introduce fortified staples in Government safety net programmes. 25 representatives from ICDS, MDM, Kudumbashree & SUPPLYCO participated along with Kerala Commissionerate of Food Safety, KHPT, GAIN & FFRC. The primary objective was to build consensus and develop road map in mainstreaming fortified staples in public funded programs and ensure availability of fortified staples in open market.



### Theme: HIV/AIDS

*Project: Vihaan*

## Advocacy meeting

An advocacy meeting with Government department was organized to share the experiences of beneficiaries of the livelihood project and facilitate local support to link PLHIV family dependents to livelihood options. Representatives from WCD Department, KSAPS, KNP+, NLRM, ZP Bangalore, KHPT Vihaan team and about 45 women beneficiaries participated in the meeting.



# HR and employee corner

## Employee engagement initiatives

As part of KHPT's Group Insurance Policy coverage, through our TPA service provider 'Basic Health Check-up Camp' was organised on 16th April, 2019 facilitated by medical team from Columbia Asia Referral Hospital at KHPT office premises in Bangalore.



## New joinees

This quarter we have recruited around 25 staff into KHPT family in different capacities and levels. We welcome all of them aboard!

## Learning and development initiatives

- Six staff from KHPT were nominated to attend various learning and development initiatives across India.



- The "Sensitization program on prevention and prohibition of sexual harassment at workplace" was held in all the district, field and central offices of KHPT to sensitize the staff. This included sensitization on the sexual harassment (SH) policy, SH committee and its procedures.



## Publications

### NCD

- BCC flipchart
- Patient retained booklet
- Health card
- Tech briefs

### KMC

- KMC dissemination report

### BIAL

- Assessment report

## Internship

This quarter two young and resourceful students from Azim Premji University and Manipal University joined the NCD project, Mysore and are contributing to the programme implementation process on the field.