

MATERNAL NEONATAL AND CHILD HEALTH QUARTERLY UPDATE

OCTOBER-DECEMBER 2023

KHPT drives the launch event for distribution of fortified wheat flour in the PDS in Ladakh

KHPT has been working extensively with the Government of Ladakh on fortification of wheat flour to address the region's high levels of anaemia. Technical supports and refresher training were provided for mills catering to the Public Distribution System (PDS) in the Union Territory of Ladakh. This collaborative effort involved stakeholders from government bodies, non-governmental organizations, and



KHPT at the launch event for distribution of fortified wheat flour in the PDS, Ladakh

local communities. On December 17, the Government of Ladakh officially launched the distribution of fortified wheat flour through PDS. Dr Pawan Kotwal (IAS), Advisor to the Honorable Governor, UT of Ladakh, presided over the launch event at Kangri Flour Mill Leh, marking the commencement of this initiative. This intervention is expected to benefit around **2 lakh** beneficiaries with different ration card categories. The event garnered media attention and was covered by 'News18 JKLH' on their channel.

Program Implementation

KHPT launches a project to address anaemia and nutrition in Mysuru and Kolar districts



Project briefing and induction program on anaemia & nutrition

KHPT in collaboration with ITC, launched its project in the state to address malnutrition and anaemia titled "Accelerated efforts to improve nutrition across the continuum of care through a convergence-based multi-sectoral approach in Mysuru and Kolar districts of Karnataka" on November 1. This three-year project will be implemented in **4** blocks, comprising **2** blocks in Mysuru and **2** blocks in Kolar districts of Karnataka.

The project will focus in enhancing the nutritional status of women of reproductive age, adolescents, and children in convergence with the Departments of Women and Child

Development, Health and Family Welfare, Rural Development and Panchayat Raj, Government of Karnataka. The project adopts a life cycle approach to interventions and aims to improve service delivery through a multi-sectoral convergence approach. The specific focus includes introducing interventions such as adoption of non-invasive devices for screening of anaemia, establishing an effective referral system, and promoting convergence. These interventions will complement the ongoing efforts in Reproductive, Maternal, Newborn, Child Health, and Adolescent Health and Nutrition (RMNCHA + N) by incorporating innovative strategies to address existing gaps.

Capacity Building

KHPT conducts orientation and technical training of ASHAs on Kangaroo Mother Care

KHPT, in collaboration with Ulhasnagar Municipal Corporation, conducted a comprehensive three-day training program for all the **188** Accredited Social Health Activists (ASHAs) of 06 Urban Primary Health Centres (UPHC) of Ulhasnagar from December 18 to 20, at Mid-town hall, Rotary Club, Ulhasnagar, Mumbai. The training focused on Training of Trainers (ToT) for technical aspects of Kangaroo Mother Care (KMC) and program orientation. It was an effort aimed at linking ASHAs for effective community follow-up for the Low-birth weight (LBW) babies' discharged from public healthcare facilities. The program sought to empower ASHAs with the necessary skills and knowledge to enhance community healthcare, particularly in the context of maternal and infant well-being through effective KMC practices. The training program was led by Prof. Dr. Rekha H Udani, a renowned senior faculty from Department of Neonatology, KEM Hospital & Seth GS Medical College of Mumbai. The training covered all aspects of KMC and exclusive



Technical training of ASHAs on KMC at Ulhasnagar, Mumbai

breastfeeding, emphasizing the crucial role ASHAs play in securing and strengthening care for LBW newborns during home-based visits. The program, encompassed practical aspects such as breastfeeding techniques, preterm infant feeding, and monitoring, also included discussions on post-discharge follow-up protocols and essential clinical assessments. Media coverage by 'Konark News' and local Marathi news 'Swanand News' highlighted the initiative by KHPT to improve neonatal healthcare and the pivotal role ASHAs play in this mission. This initiative ensures that ASHAs are well-equipped to contribute significantly to the ongoing well-being of LBW infants in community settings.



Orientation of ASHAs & ANMs on KMC, Kolkata

Similarly, in Kolkata, an orientation on KMC for ASHAs was held in collaboration with Kolkata Municipal Corporation at Borough III, IV, and XV on December 5 and 19. Attendees included ASHAs, ANMs, Executive Officers EOs and Medical Officers (MOs). Another orientation on December 7 covered the Mahila Arogya Samiti (MAS) group in Ward **54** under the National Urban Health Mission (NUHM). This effort aims to enhance maternal and child health care services with the active participation of diverse healthcare stakeholders.

KHPT facilitates technical training on KMC for project staff from Mumbai and Kolkata

KHPT facilitated a three-day training program from November 2 to 4, hosted at the GS Medical College & KEM Hospital in Mumbai. Dr Anitha Haribalakrishna, the Head of Department, along with experts like Dr Shashi Vani, founder of KMC Foundation India, led the program. This comprehensive training involved 14 active participants, including Nurse Mentors from KEM Hospital, KHPT



■ Technical training on KMC for project staff from Mumbai and Kolkata

representatives, and Peer Educators from organizations like FMCH and CINI. The focus was on practical guidance for breastfeeding, caring for preterm infants, supply management, KMC procedures, monitoring mother and baby, identifying danger signs, and post-discharge protocols. Led by experienced faculty, this training equipped participants with essential skills for effective KMC, contributing to the overall well-being of Low Birth Weight (LBW) infants at GS Medical College & KEM Hospital and at community level.

KHPT conducts training on Pre-Conception Care for Frontline Workers at Tumakuru and Kunigal blocks



■ Training of FLWs on Pre-Conception Care (PCC)

KHPT conducted a one-day training on Pre-Conception Care (PCC) for Frontline Workers (FLWs), identifying Community Health Officer, Primary Health Care Officer, ICDS Supervisors, ASHA Mentors, and ASHA Facilitators as Block Resource Persons (BRPs) in Tumakuru. In the third batch, 36 BRPs were trained, bringing the cumulative total to 120 out of 152. The training focused on essential topics such as the relevance of Early Childhood Care and Development (ECCD), the significance of PCC in the life stage continuum, and the implementation of a fixed-day approach at the Health and Wellness Center (HWC) level to strengthen PCC. Dr Mohan K, RCHO, Tumakuru district, visited the session to inspire

participants towards ECCD and the piloting of innovative processes/tools, reinforcing the commitment to advancing healthcare practices.

In Kunigal, training of FLWs in 12 batches were conducted in October, engaging 435 FLWs from 16 PHCs. Since September, a total of 501 FLWs, including ASHAs and AWWs personnel, have been trained. Mr Krishnamurthy, Child Development Project Officer (CDPO), Kunigal, also attended the training and shared his valuable insights and guidance to the participants. Ongoing efforts aim to enhance FLWs' skills in the block, contributing to improved healthcare services and better outcomes in the region.

Government Engagement

KHPT participates in the "Budgeting for Nutrition in Madhya Pradesh" meeting to share insights on food fortification

On November 29, Rajya Niti Ayog organized a meeting at the of MP State Policy & Planning



■ KHPT participated in the meeting, "Budgeting for Nutrition in Madhya Pradesh" at Bhopal

Commission (MP Rajya Niti Ayog) in Bhopal to discuss "Budgeting for Nutrition in Madhya Pradesh." The event, organized by Rajya Niti Ayog in collaboration with UNICEF, Bhopal, was chaired by Shri B S Jamod, IAS, the CEO of Rajya Niti Ayog. KHPT was invited to share insights on fortifying oil and wheat flour in social safety net programs and the public distribution system. KHPT-GAIN has been actively involved in Large-Scale Food Fortification (LSFF) programs since 2017, emphasized the need for fortified food inclusion in programs like Mid-Day Meal, Integrated Child Development Services and PDS to combat malnutrition. Their collaborative initiatives, aligned with FSSAI guidelines, have successfully promoted fortification practices in over 18 states. The meeting provided a

platform to showcase achievements, learnings, and the ongoing commitment to advancing nutrition through food fortification efforts under the Government of India.

KHPT contributes to the development of 'Anaemia Muktha Poushtika Karnataka' Guidelines

The Chief Minister of Karnataka, Shri Siddaramaiah launched one of the flagships programs, the 'Anaemia Muktha Poushtika Karnataka' on November 25, which aims to address anaemia among all age group and reduce malnutrition among children in the state through focused and strategically designed nutrition interventions. KHPT assisted the Government of Karnataka by contributing valuable insights to the content development for the AMPK guidelines.



As we pause to reflect on the year gone by and contemplate the future, we wish to thank you for taking this journey with us, and making 2023 a memorable year.

As we continue our shared pursuit to touch more lives through collaboration with communities, we wish you and your loved ones a joyful and meaningful new year!

Happy 2024!

Follow us on:

KHPT

IT Park, 5th Floor, 1-4, Rajajinagar Industrial Area, Behind KSSIDC Admin office, Rajajinagar, Bengaluru - 560 044

Ph: + 91 80 4040 0200 | Fax: + 91 80 4040 0300 | E: khptblr@khpt.org | W: www.khpt.org

For more information on the above activities, please contact Antarlina Karmakar, Communication Manager, MNCH, at antarlina.karmakar@khpt.org